

HANKØ ONESTAR RACE

11. – 14. August 2010.

Organizing authority: Fredrikstad Yacht Club in cooperation with Arendal Yacht Club, with support from SEILmagasinet.

SAILING INSTRUCTIONS

1 RULES

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2009-2012*.
- 1.2** The following prescriptions of the Norwegian Sailing federation will apply: Eligibility (see 2), advertising (see 3).
- 1.3** The class rules for relevant one-type classes, NORLYS Rating Class Rules, Notice of Race and these Sailing Instructions will apply.
- If there is a conflict between Notice of Race and the Sailing Instructions, the Sailing Instructions will take precedence. This changes Rule 63.7.
- The ISAF Offshore Special Regulations category 2, 2010-2011 version will apply.
- 1.4** If there is a conflict between languages, English will take precedence.

2 PERSONAL EQUIPMENT

- 2.1** A personal EPIRB shall be carried at the body at all times.
- 2.2** One strobe light shall be fastened to the life jacket.
- 2.3** One mini-flare light (pen-type) and one portable VHF-radio shall be safely placed in a pocket at all times.
- 2.4** **Life jacket, safety harness and safety line**
Shall be used in the cockpit and on deck at all times.
- 2.5** **Life raft**
Shall be stored in the cockpit or on deck.

3 RACING RULES OF SAILING WILL BE CHANGED AS FOLLOWS:

- 3.1** The rules of Part 2 are replaced by the right-of-way rules of the IPRPCAS between 21:00 and 05:30.
- 3.2** RRS 44.2 does not apply (two turn penalty).

4 OTHER REQUIREMENTS WHILE RACING

- 4.1** Each boat shall carry a valid LYS certificate, LYS - rating not under 1.15. One-type classes shall have a valid class certificate.
- 4.2** The skipper must deliver documentation of experience of offshore racing, and own security declaration latest 05. July. See Notice of Race 3.2 – 3.4.

- 4.3 1 ex. of the International Racing Rules of Sailing shall be on board.
- 4.4 1 ex of the International Regulations for Preventing Collisions At Sea (IRPCAS) shall be on board.
- 4.5 One mobile telephone shall be available on board.
- 4.6 Each boat shall fill in and deliver the declaration form to the race office after each race, no later than one hour after finishing.

5 CAMERAS AND ELECTRONIC EQUIPMENT

Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority.

It is permitted to use an autopilot. This changes rule 52.

5.1 TRACKING

Each participating boat must carry a tracking unit.

6 REGISTRATION

Each boat shall register at the race office at Hankø Yacht Club Wednesday 11. august between 17.00 and 20.00.

7 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice boards located at Hankø Yacht Club.

8 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted latest 09.00 PM the day before it will take effect, except that any change to the schedule of races will be posted by 08.00 PM on the day before it will take effect.

9 SIGNALS MADE ASHORE

9.1 Signals made ashore will be displayed at the signal mast at Hankø yacht Club, Hankø.

9.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 60 minutes’ in the race signal AP.

10 SCHEDULE OF RACES

Dates of racing:

<i>Date</i>	<i>Race</i>	<i>Time</i>
12 August	Race 1 Hankø-Arendal	Warning signal: 08.55
13 August	Race 2 Arendal-Hankø	Warning signal 10.55

11 CLASSES AND CLASS FLAGS

Class E: LYS 1,34 and lower
 Class F: LYS 1,35 and over

12 THE COURSES

12.1 Race 1:

Class E: Hankø - Arendal

Class F: Hankø – Arendal

12.2 Race 2:

Class E: Arendal – Persgrunn - Rakkebåene - Hankø

Class F: Arendal – Persgrunn - Rakkebåene - Hankø

13 THE START

13.1 Races will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.

13.2 The starting line will be between Garnholmen lighthouse, displaying Fredrikstad yacht club flag, and Garnholmen to east with a mast displaying orange flag. See attachment 1.

13.3 The starting line in Arendal: Between a starting Wessel and Makrellbåen. See attachment 2.

13.4 All classes in one start

13.5 A boat starting later than 30 minutes after her starting signal will be scored Did Not Start. This changes rules A4 and A5.

13.6 If any part of a boat's hull, crew or equipment is on the course side of the starting line during the two minutes before her starting signal, the race committee will display flag V. It will be displayed until all boats have sailed completely to the pre-start side, but not after the starting signal.

14 THE FINISH

14.1 The finish line at Hankø wil be Between boat with a blue flag and an orange bouy. Nort west of Sildeskjær. See Atachment 1

14.2 The finish line in Arendal Wil be between lighthouse Store Torungen and Lille Torungen. See attachment 2.

14.3 In Arendal You must note the finish time and your sailnr and send it by SMS to 0047 48048865.

15 PENALTY SYSTEM

15.1 The Scoring Penalty, rule 44.3, will apply.

15.2 As provided in rule 67, the protest committee may, without a hearing, penalize a boat that has broken rule 42.2.

16 TIME LIMITS AND TARGET TIMES

<i>Class</i>	<i>Race</i>	<i>Target time</i>
<i>Race 1</i>	<i>Hankø-Arendal</i>	<i>Friday 13.August 07.00</i>
<i>Race 2</i>	<i>Arendal-Hankø</i>	<i>Saturday 14. August 18.00</i>

Boats failing to finish within the time limits will be scored Did Not Finish.
This changes rules 35, A4 and A5.

17 PROTESTS AND REQUESTS FOR REDRESS

17.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.

17.2 For each boat, the protest time limit is 90 minutes after his finishing time.

17.3 Breaches of instructions 2, 3, 20.1, 21.1, 21.2, 22, 24, 25, 26, 27, and 28 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

17.4 On the last day of the regatta a request for reopening a hearing shall be delivered

(a) within the protest time limit if the requesting party was informed of the decision on the previous day;

(b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

17.5 On the last day of the regatta a request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

18 SAFETY REGULATIONS

18.1 A boat that retires from a race shall notify the race committee as soon as possible.

19 REPLACEMENT OF CREW OR EQUIPMENT

19.1 Substitution of competitors will not be allowed without prior written approval of the protest committee.

19.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

21 OFFICIAL BOATS

Official boats will be marked as follows: Fredrikstad Yacht Club Flag.

22 TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

24 BERTHING

Boats shall be kept in their assigned places in the harbour.

25 HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

26 DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

27 PRIZES

Prizes will be given for both races.

There will be prizes for both races together. The low point scoring system will apply.

28 DISCLAIMER OF LIABILITY

All those taking part in the regatta do so at their own risk and responsibility. The organizing authority Fredrikstad Yacht Club and any other party involved in organizing the Hankø OneStar Race 2010 disclaim any and all responsibility whatsoever for loss, damage injury inconvenience that might occur to persons and material, both ashore and at sea as a consequence of participation in the event. Each boat owner or his representative accepts this terms by signing the skipper's statement.

Specific attention is drawn to RRS Fundamental rule 4, witch states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".

29 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of NOK 4000000 per event or the equivalent.

30 VHF

The race committee will use channel 77 for messages to the participants.

Boats passing the finishing line shall call the race committee on channel 77.

- 31:** Mobile phone Fredrikstad Lars-Erik Larsen 0047 48048865
Mobile phone Arendal Einar Frodesen 0047 90826460